



اللجنة العمانية للثلثاء الحديث
Oman Triathlon Committee

OMAN TRIATHLON COMMITTEE

POINT ALLOCATION

Place	OMTC Reg. No	Name	Nat.	Gender	Run	T1	Bike	T2	Run	Finish	Points - AL ADHAIBA SPRINT
Sprint											
1.		Jamie Price	GB	M	10:46	01:03	31:51	00:37	20:29	1:04:46	
2.		Ilya Fedorov	RU	M	11:02	01:04	31:36	00:45	21:23	1:05:50	
3.	075	Mohammed Al Ghailani	OM	M	11:07	00:56	31:38	00:36	21:51	1:06:08	100
4.	008	Alwaleed Khalid	OM	M	13:23	00:53	33:22	00:35	21:18	1:09:31	90
5.	045	Salim Al Nabhani	OM	M	14:08	01:09	34:36	00:39	20:26	1:10:58	80
6.	004	Issam Al Busaidi	OM	M	14:45	01:20	33:54	01:12	21:04	1:12:15	70
7.	051	Cameron Grassi	ZA	M	12:33	01:21	34:50	01:01	23:12	1:12:57	60
8.		Sulaiman	OM	M	14:05	00:11	35:39	01:00	23:32	1:14:27	
9.	062	Suhaib Al Bahri	OM	M	16:58	01:28	34:22	00:46	22:28	1:16:02	50
10.	020	Omar Al Rashdy	OM	M	14:53	01:55	35:30	01:14	22:45	1:16:17	40
11.	052	Ahmed Al Naabi	OM	M	16:28	01:55	34:25	01:06	24:20	1:18:14	30
12.	090	Dan Munro	CA	M	14:34	02:05	34:53	01:24	25:24	1:18:20	20
13.		Csz	OM		13:58	01:05	37:23	00:12	27:00	1:19:38	



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14.	065	Lauren Killan	OM	F	13:26	01:32	35:24	01:06	28:13	1:19:41	100
15.	007	Joana Cristina Da Silva Moreira	PT	F	17:00	02:39	38:20	01:09	21:43	1:20:51	90
16.	059	Ryan Sherlock	GB	M	14:06	01:43	34:17	01:08	30:22	1:21:36	10
17.	027	Arlene Cowgill	GB	F	17:55	02:00	38:08	01:02	22:37	1:21:42	80
18.	006	Omar Al Akhzami	OM	M	15:37	01:35	37:42	01:40	25:19	1:21:53	10
19.	026	Abdullah Al Miskry	OM	M	16:41	01:21	34:44	01:02	28:26	1:22:14	10
20.	085	Nasser Al Jahdami	OM	M	18:13	01:53	36:03	00:56	25:25	1:22:30	10
21.		Anton Shevchenko	RU	M	16:24	02:31	37:11	01:17	26:11	1:23:34	
22.		Mohammed Al Shuraiqi	OM	M	18:30	01:13	38:21	00:39	24:56	1:23:39	
23.	092	Talal Al Mahrouqi	OM	M	17:05	02:49	39:23	01:43	25:04	1:26:04	10
24.	097	Omar Al Sharif	OM	M	16:54	03:01	39:41	01:34	25:17	1:26:27	10
25.		Zaid Al Lawati	OM	M	16:34	03:08	38:33	01:58	28:05	1:28:18	10
26.	019	Radka Slaba	CZ	F	16:02	01:57	39:21	01:08	30:53	1:29:21	70
27.		Jaysahra	OM		12:47	01:26	49:38	00:20	25:51	1:30:02	
28.	030	Robert Hughes	OM	M	18:20	01:53	37:47	01:30	30:42	1:30:12	10
29.		Dawn Watson	GB	F	18:47	02:22	38:47	01:13	29:13	1:30:22	
30.	094	Yahya Al Hashimi	OM	M	17:12	01:29	37:25	01:56	32:46	1:30:48	10
31.		Charles Allman Brown	GB	M	14:18	02:11	40:33	01:36	32:10	1:30:48	



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32.	010	Caroline Bolle	BE	F	19:40	02:18	37:46	01:26	30:49	1:31:59	60
33.	033	Mohamed Al Sharji	OM	M	17:43	03:37	38:30	01:37	30:37	1:32:04	10
34.	096	Fareed Al Hinai	OM	M	19:55	02:09	37:38	01:35	31:08	1:32:25	10
35.	024	Christopher Dean	OM	M	18:18	02:38	38:51	02:32	31:04	1:33:23	10
36.	068	Mohammed Al Toki	OM	M	17:12	02:40	39:40	01:41	35:09	1:36:22	10
37.		Assim Al Kiyoumi	OM	M	18:31	03:23	42:06	01:28	33:06	1:38:34	
38.		Marat Lukmanov	RU	M	19:47	01:20	53:51	01:01	23:58	1:39:57	
39.	067	Kalthoum Al Maazmi	AE	F	25:41	01:40	47:52			1:42:41	50
40.		Michael-Garth Britz	ZA	M	25:31	02:54	45:33	02:38	26:11	1:42:47	
41.	098	Kirsten Grassi	ZA	F	15:19	02:32	43:54	01:53	39:14	1:42:52	40
42.	025	Al Muhanna Al Harthi	OM	M	20:10	04:54	48:34	02:14	28:14	1:44:06	10
43.		Abdul Aziz Al Ghailani	OM	M	18:42	03:18	47:06	01:08	34:25	1:44:39	
44.	087	Zahid Nadeem Khan	IN	M	24:57	02:15	36:44	01:29	41:43	1:47:08	10
45.		Terry Storer	GB	M	19:57	05:49	45:35	02:51	36:24	1:50:36	
46.	018	Issa Al Ismaili	OM	M						1:51:45	10
47.		Sami Al Harrasi	OM	M	19:05	04:21	53:26	04:23	36:43	1:57:58	
48.		Affan Al Sulaimani	OM	M	19:05	04:23	54:50	02:57	37:10	1:58:25	
49.		Mazen Al Khatib	OM	M	34:34	01:20	44:29	01:30	41:57	2:03:50	



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50.		Hamed Al Subhi	OM	M	36:59	01:20	56:39	01:16	33:50	2:10:04	
DNF		Gary Cummings	UK	M	13:55	01:07	35:05	01:25			
DNF		Said Al Shakaili	OM	M	18:47	02:38					
Sprint Duathlon											
1.		Salim Al Abrawy	OM	M	27:51	01:14	39:16	01:15	15:28	1:25:04	
2.		Kilzar	OM		24:58	01:23	56:01	01:11	13:32	1:37:05	
3.		Jorman Team	OM		35:23	00:51	53:46	00:19	18:29	1:48:48	